Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Catholic Communion Service(TM)-B 10:30 Fairport United Methodist Church(TM)-T 1:00 Ravens at Bills-T 2:30 Ice Cream Social Daylight Saving Time Ends	2 10:30 Wake up to Wellness(J)-B 11:00 News(J)-B 1:30 Movie Matinee w/Bill-T 2:30 Ice Cream Social 3:00 Bingo(L)-R 4:00 Book Club(L)-R	3 10:30 Wake up to Wellness (M)-B 11:00 News(M)-T 1:30 Election Day Voting Trip*Must be signed up* 2:30 Ice Cream Social 3:15 Getting to Know You-R 4:00 1:1 Visits(M)	4 10:30 Wake up to Wellness(M)-B 11:00 Wednesday Walk(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Recreation Meeting-B 2:30 Ice Cream Social 3:00 Making Thankful Leaves(M/L)-R	5 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 1:30 Jeopardy(J)-T 2:00 Crochet Club(L)-R 2:30 Ice Cream Social 3:15 Poetry w/Miriam(L)-R	6 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Music with Doug & Brian(TM)-L 2:30 Ice Cream Social 3:15 Bingo(M)-R	7 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 2:00 Axe Throwing(M)-B 2:30 Ice Cream Social 3:00 Garbage Card Game(M)-R
8 10:30 Catholic Communion Service(TM)-B 10:30 Fairport United Methodist Church(M)-T 1:00 Manicures(M)-S 2:00 Left Right Center(M)-R 2:30 Ice Cream Social 2:30 UNO(M)-R 3:00 Getting to Know You-R	9 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 1:30 Movie Matinee w/Bill-T 2:00 Catholic Mass(L)-B 2:30 Ice Cream Social 3:00 Arts & Crafts(L)-R 8:15 Bills at Vikings	10 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Music with Joe Miltsch(TM)-L 2:30 Ice Cream Social 3:15 Bingo(M)-R	11 10:30 Wake up to Wellness(M)-B 11:00 Wednesday Walk(M)-B 11:00 News(M)-B 2:00 Patriotic music with Karen LaBella(M)-L 2:30 Ice Cream Social 3:00 Veteran Discussion-B Veterans Day	12 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 1:30 Jeopardy(J)-T 2:00 Food Committee(A)-B 2:30 Ice Cream Social 3:15 Poetry w/Miriam(L)-R	13 10:30 Wake up to Wellness with Richard-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Music with Harmony & Vine(TM)-L 2:30 Ice Cream Social 3:15 Bingo(M)-R	14 10:30 Wake up to Wellness(D)-B 11:00 News(D)-B 1:00 Manicures(D)-S 2:00 Bingo(D)-R 2:30 Ice Cream Social 3:00 Left Right Center(D)-R 4:00 1:1 Visits(M)
15 10:30 Catholic Communion Service(D)-B 10:30 Fairport United Methodist Church(TM)-T 1:00 Bills at Jets(D)-T 2:00 Bingo(D)-R 2:30 Ice Cream Social 3:00 UNO(D)-R	16 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 2:00 Music with John Popielarz(L)-L 2:30 Ice Cream Social 3:00 Bingo(L)-R 4:00 Book Club(L)-R	17 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 1:00 1:1 Visits(M) 2:00 Music with Mike Sidoti-L 2:30 Ice Cream Social 3:15 Getting to Know You(M)-R	18 10:30 Wake up to Wellness(M)-B 11:00 Wednesday Walk(M)-B 11:00 News(M)-B 1:30 Shopping @Wegmans *Must be signed up* 2:00 Movie Matinee(TM)-T 2:30 Ice Cream Social	19 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 1:30 Jeopardy(J)-T 2:00 Music with Linda & Brian(TM)-L 2:30 Ice Cream Social 3:15 Poetry w/Miriam(L)-R	20 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 2:00 Music with Josh Shapiro(TM) 2:30 Ice Cream Social 4:00 1:1 Visits(M)	21 10:30 Wake up to Wellness(M)-B 11:00 News(TM)-B 1:00-3:00 Spa Day(M)-B 2:30 Ice Cream Social 3:30 1:1 Visits(M)
22 10:30 Catholic Communion Service(TM)-B 10:30 Fairport United Methodist Church(M)-T 1:00 Bills Watch Party(M/J)-T 2:30 Ice Cream Social	23 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 2:00 Music with Josh Ketchum(TM)-L 2:30 Ice Cream Social 3:00 Recipe Reminiscing(L)-R 4:00 Book Club(L)-R	24 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Resident Council(TM)-B 2:30 Ice Cream Social 3:00 Canvas Creations(M)-R	25 10:30 Wake up to Wellness(M)-B 11:00 Wednesday Walk(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 12:30 Lunch at Fairfield's *Must be signed up* 2:30 Ice Cream Social	26 8:30 Macy's Day Parade-T 10:30 Wake up to Wellness(D)-B 11:00 News(D)-B 2:00 Thanksgiving Humor-R 2:30 Ice Cream Social 3:15 Poetry w/Miriam(D)-R 8:20 Chiefs at Bills(TM) Thanksgiving Day (U.S.)	27 10:30 Wake up to Wellness(M)-B 11:00 News(M)-B 1:00 Manicures(M)-S 2:00 Bingo(L)-R 2:30 Ice Cream Social 4:00 1:1 Visits(M)	28 10:30 Wake up to Wellness(D)-B 11:00 News(D)-B 1:00 Manicures(D)-S 2:00 Bingo(D)-R 2:30 Ice Cream Social 3:00 Getting to Know You(D)-R 4:00 1:1 Visits(M)
29 10:30 Catholic Communion Service(D)-B 10:30 Fairport United Methodist Church(TM)-T 2:00 Bingo(D)-R 2:30 Ice Cream Social 3:00 UNO(D)-R	30 10:30 Wake up to Wellness(L)-B 11:00 News(L)-B 1:30 Movie Matinee w/Bill-T 2:00 Bingo(L)-R 2:30 Ice Cream Social 3:00 Getting to Know You(L)-B 4:00 Book Club(L)-R					

R-Red Community Room, B-Blue Community Room, C-Courtyard on Memory Care L-Lobby, T-Theatre, S-Salon, Dining Room, FP-Front Porch, (A) Andy, (B) Blake, (D) Destiny, (L) Lynnette, (J)- John, (M)- Maria, (TM)- Team Members. We value your input. Please stop by the office, call (585) 264-1600 or email jjakubonis@heatherheights.com. *All activities are subject to change due to staffing or resident choice*